

HOW TO WIN FRIENDS AND INFLUENCE PEOPLE

REV. DAVID RIETVELD

... was written by Dale Carnegie in 1936. It was a bestselling book full of (self)-helpful advice. The key idea is that most people's favourite topic is themselves. If you ask people questions about themselves, and smile, look them in the face and listen, they will like you. OFFICE PHONE - 4261 1001 WWW.DAPTO.CHURCH OFFICE@DAPTOANGLICAN.ORG.AU PO BOX 25, DAPTO NSW 2530

Making friends like this is not as easy as it sounds, because most of us would rather talk about ourselves than listen to others talk about themselves. You know the experience – you tell a story looking for empathy, and the listener tells a better version of that story about themselves.

What if I told you there was an easier way to win friends? Gossip – and one particular type of gossip – contempt. Gossip is fundamentally about forming triangles. You are inviting the listener to form an allegiance with you against a third person. If we both share our frustrations about 'Fred', we feel consolation and connection. The bond between us strengthens.

In normal gossip, the bond between you and I strengthens at the cost of our connection to Fred. This game is both risky and has no positive gain. I might feel closer to you, but now further from Fred, so net effect, I am no more connected to other people. Furthermore, I might meet Fred, who shares some gossip about you. Or worse – you might meet Fred, and he shares some gossip about me! Triangles are risky and unstable.

This is why contempt is a better form of gossip. Contempt is gossip and disrespect about a third party that neither of us knows. There is no risk or potential loss – we have no skin in the game. We can feel closer to each other, vindicated that we are not like 'them', and we don't have to listen to others talk about themselves to get them to like us more.

The crowd at the Australian Open Final expressed shared contempt for our Prime Minister. Leadership is a common and easy target for contempt.

But contempt is not constructive. In Hebrews 13, we are commanded to "Keep on loving one another as brothers and sisters... to show hospitality to strangers... to remember those in prison,... [and to] remember your leaders, who spoke the word of God to you." We are to love the people we know, and those we don't, to love the people beneath us and above us.

Contempt sits and side-lines and throws stones, and brings the whole tone down, whereas love does not count the cost, but leans in and builds up.

Playpatch

Playpatch is officially back for the term! We kicked off today's program by looking into the story of Noah.

We would love for you to join us each Thursday from 9:30am-11:00am at the Ministry Centre (Moombara St, Dapto) as we look at the topic "On the Farm". Join us for play, storytime and songs.

Save time and fill out the registration form now, you can then just check in when you arrive at Playpatch on Thursday.









CONNECT FRIDAYS

Returns Friday
9th February

4:00pm - 5:30pm \$5.00 per child Max \$10 Family

DAPTO YOUTH

Returns Friday 9th February

7pm till 9pm Year 6 to 12 \$5.00 per child

Labyrinth

We are seeking volunteers who would be interested in helping David Rietveld with the spiritual design and physical implementation of our Labyrinth for Lent.

Please let the office know if you would like to help by calling 02 4261 1001 or emailing (office@daptoanglican.org.au).

Empty Nesters @ The Taphouse



You're invited to an afternoon at The Taphouse (located at the Groundz Precinct in Dapto) hosted by DAC Empty Nesters on Sunday, February 11th, at 3 pm. Enjoy live music, a shared Cheese Platter, and drinks for purchase. The event offers outdoor seating, a Chicken Van Man food van, and the option to stay for dinner. To RSVP or get more information, please contact Heather on 0408612878.

AGM 2024

Our Annual General Meeting for 2024 is quickly approaching! We would love for you to join us as we gather together as God's people and vote on important matters within our church.

The night will be hosted in our Auditorium at the Ministry Centre on Tuesday, the 19th of March, at 7pm.

If you have any questions, please have a chat to a staff member or call the office on 4261 1001.

Safe Ministry

Dapto Anglican Church is committed to Safe Ministry Practices. If you have a question or concern, we are here to help.

Please contact:

- Julie Houghton, Parish Safe Ministry Representative, by confidential email safeministry@daptoanglican.org.au or through our church office on 42611001
- Anglican Abuse Report line on 1800 774945



PRAYER FOR THE WEEK

Lord God, as we have entrusted our lives and those we love into your hands, help us, like your Apostle Paul, to learn to be content whether our current circumstances are comfortable or hard, whether our health is good or poor. Help us to learn to trust you more, and to know when to seek change and when to persevere with things as they are. When you show us that we need to take steps to alter the situation we are in, give us grace to seek your wisdom and strength to act in your way. In Jesus' name we pray. Amen.

PRAY FOR OUR CHURCH FAMILY

EXPECTANT PARENTS

Lisa and Matt G; Katie and Phil C.

HOSPITAL

Please pray for healing for Margaret G (10am) following surgery. Please continue to pray for Alan C (8am), who is in rehab in Wollongong Hospital following surgery on his broken leg. Also please pray for Mary J's (10am) husband, Michael, who has had surgery on his broken leg and his fractured arm, following a fall.

VILLAGES/NURSING HOMES

Please continue to pray for our people in Residential Care Homes: Jean W, Kath H, Phyllis D, Audrey & Alan R, Gae & Allen Q, Elsie N, Barbara L, Pamela B, Gordon M, Beth W, Betty B (Piper House, Dapto); Robyn K (Digger's Rest, Corrimal); Helen S (Marco Polo, Unanderra); Ella H, Trevor W (Warrigal Care, A.P.); Wendye C, Helen K (Farmborough Uniting, Unanderra); Cheryl T (Hammond Care, Horsley); Graham S (The Links, Wollongong).

8AM/2PM

Please continue to pray for Jill S who fell recently and fractured her T12 vertebrae. Please pray for pain management and healing. Please pray for Mavis B's daughter in law, who has been diagnosed with stage 4 cancer and has just started chemotherapy. Please pray for Deb P's brother who is very unwell.

10AM

Please pray for Andy H following surgery due to a severe laceration to his hand. Also please continue to pray for Ruby D, that her health will improve. And please continue to pray for Andrew W and his health issues.

6PM

Please pray for continued healing for Christine L who has an insertional Achilles tear in her foot.

CAFE CHURCH/CREATIVE CONNECTION

Please continue to pray for Lynne N and her family with health problems.